



Light of the Valley
CHURCH OF CHRIST

Practicing the Way Discipleship Checklist

This discipleship checklist is an extension of the teaching series “Practicing The Way.” This checklist is not intended to imply that faith is merely a checklist of rules, commands, or spiritual tasks. Nor is it meant to suggest that completing a checklist can earn one’s salvation. Salvation is a gift of God’s grace through faith in Jesus Christ.

The purpose of this discipleship checklist is to encourage spiritual growth by increasing connection, strengthening relationships, deepening faith, and motivating the church to continually pursue the call to “Be with Jesus, Become like Jesus, and Do as He did.” Let this serve as a temporary tool to help establish structure and routine in your faith as you grow in your walk with Christ.

Choose a weekly accountability partner who will walk alongside you in encouragement, prayer, and spiritual growth. This person should be someone you trust to help you stay connected, strengthened, and focused on your commitment to follow Jesus.

Each week, take time to check in with one another by discussing your progress, sharing challenges, celebrating growth, and praying together. The goal is not judgment or pressure, but loving encouragement as you seek to be with Jesus, become like Jesus, and do as He did.

Practicing the Way Discipleship Checklist

Name: _____

Start Date: _____

Weekly Accountability Partner: _____ Ph#: _____

Daily Practices:

Circle each day you complete it.

(Complete at least 3 per week for a prize.)

☐ I prayed today (outside of meals).

(Circle each day this was completed: **M T W Th F Sa Su**)

☐ I read Scripture for at least 10 minutes and meditated on it today.

(Circle each day this was completed: **M T W Th F Sa Su**)

☐ I confessed sin and repented when needed.

(Circle each day this was completed: **M T W Th F Sa Su**)

☐ I obeyed what God revealed to me today after reading His word.

(Circle each day this was completed: **M T W Th F Sa Su**)

☐ I served someone.

(Circle each day this was completed: **M T W Th F Sa Su**)

Weekly Practices:

Circle each week you complete it.

☐ I participated in worship.

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I attended Bible class or a study group.

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I spent time in fellowship with believers (worship not included).

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I encouraged another Christian.

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I shared my faith with at least one person.

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I followed up on invitations or spiritual conversations.

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I gave my time, money, or resources, regularly and cheerfully.

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

☐ I set aside time for solitude, rest and reflection (at least 1hr).

(Circle each week this was completed: **Week 1 Week 2 Week 3 Week 4**)

Monthly Practices:

Circle each month you complete it.

☐ I examined my spiritual growth.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I revisited goals for prayer, Bible reading, and self-control.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I had a deeper conversation with a mature believer or mentor.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I served in a meaningful way.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I invited someone to church or Bible study.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I evaluated whether I am growing in love, faith, and obedience.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I looked for opportunities to disciple or encourage someone else.

(Circle each month this was completed: **J F M A M J J A S O N D**)

☐ I fasted from food at least once for at least 14 hours.

(Circle each month this was completed: **J F M A M J J A S O N D**)

Monthly Disciple Growth Check:

Use this section monthly.

Month: _____

Where am I growing?

☐ Prayer

☐ Bible reading

☐ Obedience / Self-control

☐ Fellowship

☐ Service

☐ Evangelism

☐ Disciple-making

☐ Fasting

☐ Authentic Worship

What needs attention?

Next month's spiritual focus:

15-Minute Gospel Evangelism Script

1. Opening

“Thank you for taking a few minutes to talk with me. I want to share something simple but life-changing: the gospel of Jesus Christ. This is the message that shows us what God has done for us, why we need salvation, and how we can respond.”

2. The Gospel Has Power

“First, the gospel is not just advice or religion. **Romans 1:16** says the gospel is the power of God for salvation. That means salvation does not come from my opinion, a church tradition, or human effort. It comes from God through the gospel.”

3. The Problem: All Have Sinned

“**Romans 3:23** says, ‘All have sinned and fall short of the glory of God.’

That means every one of us has a sin problem. Sin is more than big public crimes or bad things we have done. It includes any thought, word, or action that falls short of God’s holiness. Let me tell you some of my sins before I allowed Jesus to save me and some I still struggle with today.

Can I ask you something personal?

Is there anything in your life you regret? Anything that weighs on your conscience?

Anything you know is not right before God?

We all have things like that. The Bible says those things are sin. And sin is serious because it is not just against people — it is against God.”

4. The Consequence of Sin

“**Romans 6:23** says, ‘The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.’

A wage is something we earn. Sin earns death — separation from God, spiritual death, and eternal judgment.

God is holy, so He cannot pretend sin does not matter. He is pure, just, and good, so sin must be dealt with because a holy and just God cannot ignore sin. That is why we need a Savior.”

5. The Heart of the Gospel

“Now here is the good news.

First Corinthians 15:3–4 says that Christ died for our sins according to the Scriptures, that He was buried, and that He was raised on the third day according to the Scriptures.

That is the heart of the gospel:

- Jesus died for our sins
- Jesus was buried
- Jesus rose again

His death paid the penalty for our sin. Jesus received God’s punishment for our sins. His burial confirmed that He really died. His resurrection proved that He has power over death and that He is truly the Son of God.”

6. God’s Love in Action

“**Romans 5:8** says, ‘God shows His love for us in that while we were still sinners, Christ died for us.’

That means God did not wait for us to clean ourselves up. He loved us when we were still sinners. Jesus took our place. He bore the punishment we deserved.

This is what makes the gospel so beautiful: God provided the sacrifice, and Jesus carried it out for us.”

7. The Response: Faith in Christ

“**Romans 10:9–10** says, ‘If you confess with your mouth that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved.’

So the response is faith:

- believe in Jesus
- confess Him as Lord
- surrender to Him

Ephesians 2:8–9 says salvation is by grace through faith, not by works. We cannot earn it. We receive it as God’s gift.”

8. Baptism: Identifying With Christ

“**Romans 6:3–4** says that when we are baptized into Christ, we are baptized into His death, buried with Him, and raised to walk in newness of life.

Baptism is the moment where we identify with the death, burial, and resurrection of Jesus.

It is not just a ritual. It is an obedient response of faith to the gospel.

In Scripture, people did not delay after believing. They responded.

- **Acts 2:38** shows repentance and baptism connected with forgiveness of sins.
- **Acts 22:16** says, ‘Rise and be baptized and wash away your sins, calling on His name.’
- **Galatians 3:27** says, ‘As many of you as were baptized into Christ have put on Christ.’

So baptism is part of how a person responds to the gospel and enters life in Christ.”

9. Assurance and New Life

“After salvation, the Christian life continues.

Romans 12:1–2 says we should present our bodies as living sacrifices and be transformed by the renewing of our minds.

That means following Jesus is not just a one-time decision. It is a new life. We keep growing, changing, learning, repenting, and becoming more like Christ.”

10. Invitation

“So let me ask you plainly: do you believe the gospel?

Do you believe that:

- You are a sinner
- Christ died for your sins
He was buried
- He rose again
- and He is Lord?

“If you believe that, the next step is to obey Him in faith, confess Him, repent of sin, and be baptized into Christ. Would you like to do that today?”